

SHALLOW  
MIDDLE  
DEEP

## Frequently asked questions

### How long does a treatment take?

A session usually takes about 45 minutes, although the time can vary depending on the treatment areas. The number of sessions needed depends on your individual skin condition and goals. Your provider can help you develop a plan that is right for you.

### When can I resume my daily activities?

You can resume most daily activities immediately after the treatment.

### Does it hurt?


The XERF™ treatment has been carefully designed with comfort in mind. The treatment feels warm and comfortable, thanks to Integrated Cryogen Delivery (ICD) that monitors the temperature of your skin, and Wave Fit™ pulse, which balances energy delivery with cooling. Unlike other treatments, there are no needles, and no numbing required.

### When will I see results?

You will immediately feel what patients describe as a tighter feeling in their skin. In the weeks after the treatment your collagen will continue to rebuild, enhancing your skin's appearance over time.

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## CYNOSURE® LUTRONIC®

Intended for distribution in the United States only.

The XERF device is intended for use in dermatologic and general surgical procedures for electrocoagulation and hemostasis. Patient was compensated.

All instances of the term "skin tightening" are used to describe tightening effects that occur via soft tissue coagulation.

Cynosure, LLC and Lutronic Aesthetic, Inc. do not diagnose or treat medical conditions, prescribe treatment protocols, provide medical advice, or otherwise practice medicine. Patient should consult with a qualified healthcare professional for diagnosis and proper treatment protocols/parameters to determine if treatment with any product is right for them. Qualified healthcare professionals are responsible for diagnosis and treatment protocols using products.

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# XERF™

STRUCTURAL SKIN TIGHTENING



Brooke  
actual patient

## WELCOME TO Structural Skin Tightening

The next step in the evolution of skincare is here. It's **Structural Skin Tightening**—A treatment that can remodel the structure of tissue to restore firmness from within. It delivers all the skin-tightening, collagen-boosting power of radiofrequency (RF) energy, without numbing or needles. Just visible results, backed by science and designed for comfort. Unlike conventional RF treatments, The XERF treatment delivers RF energy deeper into the skin—reaching the **shallow, middle, and deep** layers—where real change begins.

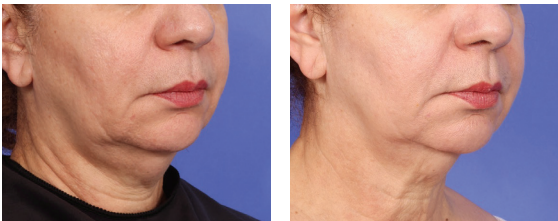
## Real patients *Real results*



**Before and after 1 treatment**  
Courtesy of Jordan V. Wang, MD, MBE, MBA



**Before and after 2 treatments**  
Courtesy of Dianne Quibell, MD



**Before and after 1 treatment**  
Courtesy of Barry DiBernardo, MD

## WAVE FIT™ PULSE TECHNOLOGY

The XERF system adjusts according to your skin's thickness to maximize effectiveness and minimize discomfort. Advanced ICD Cooling protects the upper skin layers for comfort, without compromising the temperature needed to reach deeper layers.

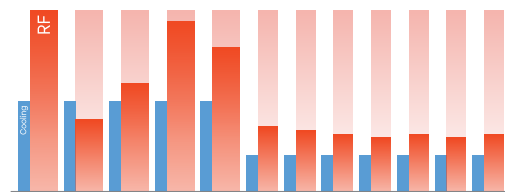
## A treatment as unique as you are

No two individuals are alike, and their skin treatments shouldn't be either. Appropriate for all skin types, The XERF treatment can be tailored to each patient's unique skin profile with three depth settings and ten intensity levels for a truly personalized experience.

## Results without sacrifice

No more painful procedures. No more recovery time. The XERF treatment makes skin tightening a seamless part of any skincare routine.

Utilizing advanced multifrequency RF energy with Wave Fit™ pulse technology, each XERF pulse is cooled via Integrated Cryogen Delivery (ICD) to provide a comfortable, safe and effective procedure. You can maintain vibrant, youthful-looking skin with **no numbing, no needles, and no downtime.**



**Wave Fit pulse (varied pulse)**  
Each pulse irradiated with a cooling (refrigerant) gas to provide a steady temperature rise for a comfortable procedure.



## More than skin deep

True skin transformation doesn't happen at just one level—it happens at every level. That's why we've created the **world's first multifrequency monopolar RF treatment.** Delivering both immediate and lasting skin tightening results, XERF harnesses proprietary multi-depth technology that can remodel the structure of tissue to restore firmness subdermally through collagen and elastin thickening, strengthening and shortening.

The Spider Tip design delivers uniform energy delivery and real time temp monitoring enables safe treatments

“As a busy mom, XERF fits into my schedule easily. It's comfortable, there's no downtime, and I could feel tightening right away.”

—Brooke, actual patient