



Chemical Peel After Care Instructions

Chemical peels remove the outermost surface of your skin to help reduce visible signs of skin aging, acne and discoloration. At the same time, they reveal brighter, smoother skin below. Peels range from mild to intense in strength.

Depending on your skin's sensitivity, it is normal to experience a variety of side effects as your skin goes through the post-peel renewal process. Professional peel side effects can include redness, dryness, itching or irritation as well as swelling, tightness, peeling or scabbing. With 2-3 days, skin may look flaky or tan as the outermost surface peels off to make room for more radiant, new skin. You may also notice temporarily more pronounced discoloration or age spots as they rise to the skin's surface before getting sloughed away. The skin is very delicate after a peel, Avoiding the sun is a MUST

After Chemical Peel Care:

- ✚ Wash your face with cool water
- ✚ Moisturize and hydrate
- ✚ Apply sunscreen with SPF30 or more
- ✚ Avoid strenuous workouts, dry saunas and steam rooms for 2 days
- ✚ Avoid scrub, brush or exfoliating cleanser for 3-4 days

If you have any questions, Please call or text (503) 572-2675